



New Mexico 4-H Annual Report 2020

4-H Grows...Youth

4-H empowers youth to reach their full potential through youth-adult partnerships and research-based experiences.

The Four Hs of 4-H stand for:

Head



Learning to think, making decisions, understanding “why”, gaining new and valuable insights and acquiring knowledge.

Heart



Being concerned with the welfare of others, determining values and attitudes by which to live, and learning how to work together.

Hands



Learning new skills, improving skills already developed, instilling pride in work, and earning respect for work accomplished.

Health



Practicing healthful living, protecting the well-being of self and others, and making constructive use of leisure time.

The pandemic has shown the heart of 4-H participants through their GENEROSITY. New Mexico 4-H members have assisted by sewing/donating masks, conducting food drives, writing cards, and delivering food to front line workers.



NM 4-H offers over 200 projects. Here are just a few.

- Photography
- Robotics
- Wildlife
- Shooting Sports
- Clothing
- Cultural Education
- Health
- Public Speaking
- Leathercraft
- Rodeo
- Small Animals
- Civic Engagement
- Leadership
- Gardening
- Electric Energy
- Baking
- Consumer Education
- Engines



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College of Agricultural, Consumer
And Environmental Sciences
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New Mexico 4-H Grows...

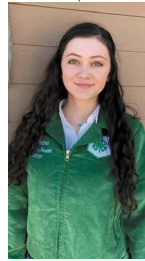
Austin - NM 4-H'er



I'm Proud to say 4-H Grows... Community Service in me!

As part of my club's community service projects this year, I wrote a letter of encouragement to our sheriff's department and another one to local hospital staff. A countywide project was to write thank you letters to our mail carrier and other delivery persons. I also baked bread and made meals for relatives who needed small care packages during the quarantine.

Avery - NM 4-H'er



I'm Proud to say 4-H Grows... Community Appreciation in me!

My club has always made an effort to reach out to our community and see where we can help. Not only does this allow members of our community to be interested in the program but it gives us an opportunity to give back to those who have given so much to us. A phrase I like to use is, "you can't have community without unity."

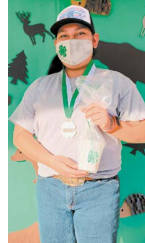
Danielle - NM 4-H'er



I'm Proud to say 4-H Grows... Compassion in me!

When I go places with 4-H, or even at school, and meet different types of people, I really like to try to become friends with everyone. I love to include people and encourage them when they are shy or unsure of themselves. I make friends with the people that seem sad or lonely.

Kree - NM 4-H'er



I'm Proud to say 4-H Grows... Community Engagement in me!

When COVID-19 hit I wanted to make sure that most of the essential workers received personal protection. I felt like I needed to help out my community and the surrounding communities by handing out masks and thank you letters.

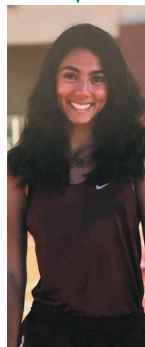
Christopher - NM 4-H'er



I'm Proud to say 4-H Grows... Appreciation in me!

Through all my years in 4-H I've been able to grow and discover so many new life skills, but the one thing I'm most grateful for was being able to learn to have appreciation. 4-H has taught me to be grateful and appreciate the things that are often overlooked, like a volunteer's contribution.

Sofia - NM 4-H'er



I'm Proud to say 4-H Grows... Resilience in me!

Throughout my younger years, I was always worried about making mistakes, not being the best, and going off track. After starting 4-H in 9th grade, I quickly began to realize that mistakes give you grit and experience. Making speeches and practicing them was easy for me, but improv was what scared me the most. Partaking in the Improv contest at State 4-H 2018 made me believe that the key to doing your best is to just keep pushing forward and keeping your head up!

Quick Facts

Numbers reflect virtual programs during New Mexico Public Health Order for COVID restrictions.



17,141

New Mexico Youth
Take Part in 4-H

New Mexico 4-H has...

1,563

Adult
Volunteers

& 502

Youth
Volunteers

How Diverse is New Mexico 4-H?

13.50%

American Indian/
Alaskan Native

1.00%

Asian

2.70%

Black or
African American

77.60%

White

.10%

Native Hawaiian/
Pacific Islander

1.30%

Other

2.30%

More Than
One Race

46.30% Hispanic
or Latino

53.70% Not Hispanic
or Latino

48% Male

52% Female

Join us! Become involved as a volunteer leader or youth participant by calling 575-646-3026.